

tip from the tour



EXCLUSIVE
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A "cacky advantage"

Alignment is one of the most common putting problems for club golfers – and some professionals. Their feet may be aligned square to the target line – but their shoulders will often be open, or aimed *left* (for right-handers), of the target (pic 1).

I have been guilty of doing this myself, and have been working on this exercise – which some positive results – over the past two years to help fix the problem.

When addressing the ball, I incorporate a cross-handed set-up into my pre-putt routine, (pic 2), as this helps bring my left shoulder back into a square-to-the-target position.

Once I establish the line I want to start the putt on, I place the putter behind the ball and put my left hand (if you are right-handed) low on the grip. Without moving the position of my left shoulder, I slide my left hand back up the grip to its normal position and complete the grip with my right hand.

If you have followed this procedure, you should now be in a square position that will allow you to make a better pass at the ball during your stroke.

If you want to double check your alignment, lay the shaft of the putter across your shoulder line (main pic). If you are in the right position, the shaft should be pointing parallel to the target line.

*Nadina Taylor appears
courtesy of Cross Clothing.*

